



CITY OF NEWPORT, OREGON LEAD FITNESS INSTRUCTOR PARKS AND RECREATION –RECREATION CENTER

The City of Newport Oregon is seeking a reliable and experienced professional for the position of Lead Fitness Instructor. This is a part-time, non-exempt position, with a starting wage of \$11.22/hour. Must be able to work a flexible schedule. Employees will be eligible for a free recreation center pass as part of the employment package.

This position will be responsible for instructing patrons on how to use cardio and strength training equipment. Provide a safe, clean environment for Recreation Center patrons. Create and implement training materials and classes for patrons in fitness and health. Recruit and train fitness instructors. To assist in the advertising and marketing of the department through social media, publications, participation in community/department events.

JOB QUALIFICATION REQUIREMENTS:

MINIMUM/MANDATORY EDUCATION AND EXPERIENCE REQUIREMENTS:

A high school diploma or equivalency AND two years of relevant experience. Any equivalent combination of education and experience which provides the applicant with the knowledge, skills, and abilities required to perform the duties as described.

KNOWLEDGE: Knowledge of principles, terminology, techniques, methods, supplies and equipment, basic rules and skills involved in a variety of cardio and exercise programs. Knowledge of techniques in supervising various physical fitness and recreational activities. Knowledge of the philosophy, and objectives of the recreation profession, and the purpose, use, and benefit of various elements of specific programs. Knowledge of various teaching techniques.

SKILLS: Skill in the use of strength training, cardiovascular machines, and fitness equipment, standard office equipment, and parks and recreation equipment. Strong time management, organization, and prioritization skills. Customer Service orientation and skills. Exceptional interpersonal skills, strong oral and written communications skills with a variety of audiences; Strong reasoning, analysis, and problem solving skills combined with excellent judgment and professionalism.

ABILITIES: Ability to recruit and train others. Ability to formulate and execute instructional classes. Ability to establish and maintain an effective and professional working relationship with City management, employees, Council members, other entities, and the general public. Ability to communicate effectively and professionally, both orally and in writing, with individual and groups. Ability to become knowledgeable of City and department policies and procedures and be able to share the information with clients, enforcing them as necessary. Ability to honor the confidentiality required of this position. Physical ability to perform the essential job functions. Ability to work independently is critical. Ability to introduce new fitness trends using a variety of approaches. Ability to learn new techniques and trends in fitness and health areas and pass them along to patrons through classes or one-on-one. Ability to stay current with latest health information, and understand and apply how it can affect clients and their exercise/health goals. Physical ability to perform the essential functions of the position.

SPECIAL REQUIREMENTS AND CERTIFICATIONS:

First-Aid-CPR and AED Certified within 30 days of hire.

Personal Trainer Certification within 3 months of hire.

DESIRABLE QUALIFICATIONS:

Degree in Exercise Science, Kinesiology, Physical Education, Athletic Training, or Physical Therapy.

Nationally recognized personal training and group training certification which include, fitness assessment, bio-mechanical and anatomy education.

PHYSICAL DEMANDS OF POSITION:

While performing the duties of this position, the employee is frequently required to sit, stand, bend, kneel, stoop, communicate, reach, and manipulate objects. The position requires mobility including the ability to frequently lift or move materials up to fifty pounds and occasionally lift or move materials up to 100 pounds. Manual dexterity and coordination are required 70% of the time to operate equipment such as computers, keyboards, telephones, standard office equipment, and recreational equipment. The position requires the mobility to interact with and use parks and recreation equipment. The position risks harm from physical hazards during manipulation of equipment.

TO APPLY: City application forms are available on the city website at www.newportoregon.gov, or picked up from the City Manager's Office at the Newport City Hall, 169 SW Coast Highway, Newport, Oregon 97365. **Application materials should be sent to: City of Newport, Attention: Human Resources, 169 SW Coast Highway, Newport, Oregon 97365, or e-mailed to jobs@newportoregon.gov. The position will be open until filled.**

The City of Newport is an Equal Employment Opportunity employer and veteran's preference provider. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, national origin, disability status, protected veteran status, or any other characteristic protected under state, federal or local law.

All offers of employment are subject to successful completion of a complete background check, reference checking, and in the case of safety sensitive positions, drug and alcohol testing.