













Newport 60+ Activity Center



2018

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
1 	2 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Fit Bit Class 1:00 P Int. Line Dancing 1:30 P Better Bones & Balance 5:30 P	3 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Knitting 3:00 P OA 5:30 P Writer's Edge 6:45 P	4 CLOSED 	5 Open Pool Games 8:00 A TOPS 8:00 A S S Boom 9:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	6 TRIP, Garibaldi Train, 8a-5p Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 3:00 P	7 Cribbage 10:00 A S S Circuit ELKS 10:00 A Lighthouse Stroke Support Group 1:00 P Writers/Readers Group 1:00 P 
8 	9 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Senior Association Mtg 2:30 P	10 Open Pool Games 8:00 A HIKE, Alsea Falls, 9:30a-3:00p SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Alcohol Inks 1:00-2:30 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P Writer's Edge 6:45 P	11 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Open Computer Help Appt Only French Club 10:30 A S S Circuit ELKS 10:00 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes/Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 3:00 P Qigong 5:30 P	12 Open Pool Games 8:00 A TOPS 8:00 A S S Boom 9:00 A Beginning Photography 10:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	13 Open Pool Games 8:00 A Arthritis Exercise 9:30 A TRIP, Shop on the Dock, 9:30a-3p Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 3:00 P	14 Bridge 10:00 A Cribbage 10:00 A SS Circuit ELKS 10:00 A Writers/Readers Group 1:00 P 
15 	16 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Book Club 1:00 P Fit Bit Class 1 1:00 P Int. Line Dancing 1:30 P Square Dance 6:15 P	17 Open Pool Games 8:00 A SS Classic 9:30 A SS Cardio Fit 10:30 A HOT DIGGITY DOG 11:30a-2:00p Hatha Yoga 11:45 A TaiChi 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P Writer's Edge 6:45 P Overnight Trip	18 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Open Computer Help Appt Only French Club 10:30 A S S Circuit ELKS 10:00 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes/Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 3:00 P Qigong 5:30 P Overnight Trip	19 Open Pool Games 8:00 A TOPS 8:00 A S S Boom 9:00 A Stacey Mealer 9:30 A Beginning Photography 10:00 A S S Classic 10:00 A Mind Games 11:00 A Bunco 1:00 P Friends 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	20 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 3:00 P	21 HIKE Trail Ten Falls, 8a-5p Cribbage 10:00 A SS Circuit ELKS 10:00 A Healthy Cooking 11:30 A Writers/Readers Group 1:00 P 

see other side

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.																									
<p>22</p> 	<p>23</p> <p>Open Pool Games 8:00 A HIKE, Kings Valley, 9-5 S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Fit Bit Class 2 1:00 P Int. Line Dancing 1:30 P Advisory 2:30 P Square Dance 6:15 P</p>	<p>24</p> <p>Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P Writer's Edge 6:45 P</p>	<p>25</p> <p>Open Pool Games 8:00 A Arthritis Exercise 9:30 A Open Computer Help Appt Only S S Circuit ELKS 10:00 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 3:00 P Qigong 5:30 P</p>	<p>26</p> <p>Open Pool Games 8:00 A TOPS 8:00 A S S Boom 9:00 A Beginning Photography 10:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P</p>	<p>27</p> <p>Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon BetterBones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Fun Functional Fitness 3:00 P</p>	<p>28</p> <p>TRIP, Corvallis Homes, 9-5 Cribbage 10:00 A S S Circuit ELKS 10:00 A Writers/Readers Group 1:00P</p> 																									
<p>29</p> 	<p>30</p> <p>Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Fit Bit Class 3 1:00 P Int. Line Dancing 1:30 P Square Dance 6:15 P</p>	<p>31</p> <p>Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P Writer's Edge 6:45 P</p>																													
<p>EDUCATIONAL</p> <p>Beginning Photography Starts Thursday 7/12, 10:00-11:30 am</p> <p>EVENT</p> <p>Hot Diggity Dog, Tuesday, July 17, 11:30am-2:00pm Healthy Cooking, Saturday, July 21, 11:30am -1:00pm</p> <p>*** TUESDAY LINE DANCE CLASSES</p> <table data-bbox="126 1282 672 1380"> <tr> <td>Very Beginning</td> <td>2:15 pm</td> </tr> <tr> <td>Beginning</td> <td>2:30 pm</td> </tr> <tr> <td>Low / Intermediate</td> <td>3:30 pm</td> </tr> </table> <p>NEW CLASSES</p> <table data-bbox="126 1412 798 1477"> <tr> <td>Computer Help (Call for Appt)</td> <td>Wednesdays</td> <td>10:00am-12:00pm</td> </tr> <tr> <td>Fun Functional Fitness</td> <td>Wed/Fri</td> <td>3:00pm- 4:00pm</td> </tr> </table>				Very Beginning	2:15 pm	Beginning	2:30 pm	Low / Intermediate	3:30 pm	Computer Help (Call for Appt)	Wednesdays	10:00am-12:00pm	Fun Functional Fitness	Wed/Fri	3:00pm- 4:00pm	<p>TRIPS</p> <p>7/06, Fri, Garibaldi Train, 8a-5p, \$38.00 7/13, Fri, Shop the Dock, 9:30a-3:00p, \$10.00 7/17-7/18, Overnight, Jerry's Rogue Jet Boats, \$150.00 7/28, Corvallis, Historic Trolley Homes Tour, 9a-5p, \$16.00</p> <p>HIKES</p> <p>7/10, Tues, Alsea Falls, 9a-5p, \$10.00 7/21, Sat, Trail of Ten Falls, 8a-5p, \$16.00 7/23, Mon, Kings Valley, 9a-5p, \$10.00</p>		<p>Visit our website at www.newportoregon.gov/sc</p> <p>Newport 60+ Activity Center 20 SE 2nd St., Newport, OR.</p> <p>541-265-9617 Meal Site 541-574-0669</p> <p>CENTER HOURS</p> <table data-bbox="1533 1315 1911 1494"> <tr> <td>Monday</td> <td>8:30a-8:30p</td> </tr> <tr> <td>Tuesday</td> <td>8:30a-9:00p</td> </tr> <tr> <td>Wednesday</td> <td>8:30a-6:30p</td> </tr> <tr> <td>Thursday</td> <td>8:30a-5:00p</td> </tr> <tr> <td>Friday</td> <td>8:30a-5:00p</td> </tr> <tr> <td>Saturday</td> <td>8:30a-5:00p</td> </tr> </table>		Monday	8:30a-8:30p	Tuesday	8:30a-9:00p	Wednesday	8:30a-6:30p	Thursday	8:30a-5:00p	Friday	8:30a-5:00p	Saturday	8:30a-5:00p
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