


















Newport 60+ Activity Center

DECEMBER 2017

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
					1 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Bridge Refresher 11:30 P Lunch Noon Better Bones & Balance 12:30 P S S Circuit 1:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	2 Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P Annual Association Meeting 1:00-3:00 P 
3 	4 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Square Dance 6:15 P	5 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Cribbage 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 1:15 P OA 5:30 P Prevent T2 Diabetes 5:30 P	6 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	7 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Problem Gambling 1:00 P Adv. Line Dancing 2:15 P Trip 1:00P—9:00 P	8 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Bridge Refresher 11:30 P Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	9 S S Circuit 10:00 A Bridge 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 
10 	11 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Better Bones & Balance 5:30 P Social Security Seminar 6:00 P	12 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Cribbage 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 1:15 P OA 5:30 P Prevent T2 Diabetes 5:30 P Trip 1:00P—9:00 P	13 Open Pool Games 8:00 A Arthritis Exercise 9:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	14 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Christmas Party 1:00 P Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P 	15 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	16 S S Circuit 10:00 A Cribbage 10:00 A Silver Sneakers Potluck 11:00 A Writers/Readers Group 1:00-3:00 P Trip 1:00P—9:00 P 

see other side

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
17 	18 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Book Club 1:00 P Int. Line Dancing 1:30 P Better Bones & Balance 5:30 P Square Dance 6:15 P	19 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Cribbage 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge 1:15 P OA 5:30 P Prevent T2 Diabetes 5:30 P	20 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	21 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Bunco 1:00 P Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	22 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A CLOSED AT NOON 	23 S S Circuit 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 
24 	25 CLOSED 	26 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Cribbage 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge 1:15 P OA 5:30 P Prevent T2 Diabetes 5:30 P	27 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	28 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P 	29 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Bridge Refresher 11:30 P Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	30 S S Circuit 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 
31 	EDUCATIONAL 12/7 Problem Gambling 1:00—2:00 pm 12/11 Social Security Seminar 6:00—7:30 pm EVENTS 12/2 Annual Association Meeting 1:00—3:00 pm 12/14 Christmas Party 1:00—3:00 pm		TRIPS 12/7 Christmas in the Garden 1:00—9:00 pm 12/12 Shore Acres 1:00—9:00 pm 12/16 Shore Acres 1:00—9:00 pm *** TUESDAY LINE DANCE CLASSES Very Beginning 2:15 pm Beginning 2:30 pm Low / Intermediate 3:30 pm		Visit our website at: www.newportoregon.gov/sc Newport 60+ Activity Center 20 SE 2nd St., Newport, OR. 541-265-9617 Meal Site 541-574-0669 CENTER HOURS Monday 8:30a-8:30p Tuesday 8:30a-9:00p Wednesday 8:30a-6:30p Thursday 8:30a-5:00p Friday 8:30a-5:00p Saturday 8:30a-5:00p	