





Newport 60+ Activity Center



June

2017



	Wed.	Thur.	Fri.	Sat.	
		1 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	2 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Movement for Improvement 1:45 P Breath & Balance 3:00 P	3 S S Circuit 10:00 A Game Day Backgammon 10:00 A Cribbage 10:00 A Pinochle 11:00 A-Noon Writers/Readers Group 1:00-3:00 P Dance 3:00-4:45 P 	
4	5 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 1:00 P Int. Line Dancing 1:30 P Prevent Type 2 Diabetes 1:30-3:30 P	6 Open Pool Games 8:00 A SS Classic /Wii Bowl 9:30 A Art 10:00 A *** See Below SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00P Prevent Type 2 Diabetes 1:15 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P **SeeBelow Knitting 3:00 P Duplicate Bridge /OA 5:30 P	7 Open Pool Games 8:00 A Senior Connections 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Lunch 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes /Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	8 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	9 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Movement for Improvement 1:45 P Breath & Balance 3:00 P 
11 	12 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Prevent Type 2 Diabetes 1:30-3:30 P Square Dance 6:30 P	13 Open Pool Games 8:00 A SS Classic / Wii Bowl 9:30 A Art 10:00 A *** See Below SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Prevent Type 2 Diabetes 1:15-2:30 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P **SeeBelow Knitting 3:00 P Duplicate Bridge/OA 5:30 P	14 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	15 Open Pool Games 8:00 A TOPS 8:00 A Stacey Mealer 9:30 A S S Classic 10:00 A Friends 10:30 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Bunco 1:00 P Adv. Line Dancing 2:15 P Elder Abuse 4:00 PM	16 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Movement for Improvement 1:45 P Breath & Balance 3:00 P 
				17 S S Circuit 10:00 A Game Day Backgammon 10:00 A Cribbage 10:00 A Pinochle 11:00 A-Noon Healthy Cooking 11:30 A Writers/Readers Group 1:00-3:00 P	

see other side

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
18	19 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Book Club 1:00 P Int. Line Dancing 1:30 P Prevent Type 2 Diabetes 1:30 P Square Dance 6:30 P	20 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Art 10:00 A *** See Below SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Prevent Type 2 Diabetes 1:15 Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P	21 Open Pool Games 8:00 A Arthritis Exercise 9:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	22 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	23 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Movement for Improvement 1:45 P Breath & Balance 3:00 P	24 S S Circuit 10:00 A Game Day Backgammon 10:00 A Cribbage 10:00 A Pinochle 11:00 A-Noon Writers/Readers Group 1:00-3:00 P Dance 3:00-4:45 P 
25 	26 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Prevent Type 2 Diabetes 1:30 P Advisory 2:30 P Square Dance 6:30 P	27 Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Art 10:00 A *** See Below SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Prevent Type 2 Diabetes 1:15 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge /OA 5:30 P	28 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Death Café 1:00 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	29 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	30 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Movement for Improvement 1:45 P Breath & Balance 3:00 P	

EVENTS

- Wed. 6/28 Death Café 1:00P

CLASSES

- Mondays Prevent Type 2 Diabetes 1:30P
- Tuesdays Prevent Type 2 Diabetes 1:15P
- Tuesdays Very Beg. Line Dance 2:15P
- Tuesdays Beg. Line Dance 2:30P
- Tuesdays Low Int. Line Dance 3:30P

TRIPS

- Tues. 6/6 Heceta Head Lighthouse/Darlingtonia

- Sat. 6/17 Devil's Lake Boating/Skiing
- Tues. 6/20 Garibaldi Train Trip
- Sat. 6/24 Festival of Balloons, Tigard
- Tues. 6/27 Thyme Garden, Alsea
- Thurs. 6/29 Portland Spirit Lunch Cruise

EDUCATIONAL

- Sat. 6/17 Healthy Cooking 11:30A

Visit our website at www.newportoregon.gov/sc

Newport 60+ Activity Center

20 SE 2nd St., Newport, OR.
541-265-9617 Meal Site 541-574-0669

Center Hours: M-F 8:30am to 5pm. New Saturday Hours 8:30am to 5:00pm.