










Newport 60+ Activity Center



2017

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
1 	2 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Fitbit 1:00 P Int. Line Dancing 1:30 P Square Dance 6:15 P	3 Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Watercolors 10:00A Renegade Writers 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Colored Pencils 1:00 P Adaptive Tai Chi 1:00 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P ***See Back Knitting 3:00 P Duplicate Bridge 5:00 P OA 5:30 P Prevent T2 Diabetes 5:30 P	4 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	5 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Problem Gambling 2:00 P Adv. Line Dancing 2:15 P	6 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	7 S S Circuit 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 
8	9 Open Pool Games 8:00 A S S Yoga 9:30 A Walking Group 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Fitbit 1:00 P Int. Line Dancing 1:30 P Beading 6:00 P Square Dance 6:15 P	10 Pool Games 8:00 A SS Classic 9:30 A Watercolors 10:00A Renegade Writers 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Colored Pencils 1:00 P Adaptive Tai Chi 1:00 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 5:00 P OA 5:30 P Prevent T2 Diabetes 5:30 P	11 Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Wandering Reel Film Festival 2:00 P Breath & Balance 3:00 P Qigong 5:30 P	12 Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Audubon Society: Land & Sea Conservation 2:00 P Adv. Line Dancing 2:15 P	13 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 PP Breath & Balance 3:00 P	14 S S Circuit 10:00 A Bridge 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 
15 	16 Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Book Club 1:00 P Int. Line Dancing 1:30 P Social Security Seminar 6:00 P Square Dance 6:15 P	17 Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A Renegade Writers 10:00 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Bridge Refresher 2:00 P Problem Gambling 2:00 P Line Dance 2:15 ***See Back Knitting 3:00 P Duplicate Bridge 5:30 P OA 5:30 P Prevent T2 Diabetes 5:30 P	18 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Understanding My Medicare 10:00 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P	19 Open Pool Games 8:00 A TOPS 8:00 A Stacey Mealer 9:30 A S S Classic 10:00 A Friends 10:30 A Mind Games 11:00 A Mirror Mosaic 12:30 P Bunco 1:00 P Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P	20 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P	21 S S Circuit 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P 

see other side

Sun.	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.
<p>22</p> 	<p>23</p> <p>Open Pool Games 8:00 A S S Yoga 9:30 A Walking Group 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Advisory 2:30 P Beading 6:00 P Square Dance 6:15 P</p>	<p>24</p> <p>Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge 5:00 P OA 5:30 P Prevent T2 Diabetes 5:30 P</p>	<p>25</p> <p>Open Pool Games 8:00 A Arthritis Exercise 9:30 A French Club 10:30 A S S Circuit 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Breath & Balance 3:00 P Qigong 5:30 P</p>	<p>26</p> <p>Open Pool Games 8:00 A TOPS 8:00 A S S Classic 10:00 A Mind Games 11:00 A Memories in the Making 1:00 P Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P</p>	<p>27</p> <p>Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P Breath & Balance 3:00 P</p>	<p>28</p> <p>S S Circuit 10:00 A Cribbage 10:00 A Writers/Readers Group 1:00-3:00 P</p> 
<p>29</p>	<p>30</p> <p>Open Pool Games 8:00 A S S Yoga 9:30 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Int. Line Dancing 1:30 P Square Dance 6:15 P</p>	<p>31</p> <p>Open Pool Games 8:00 A SS Classic 9:30 A Wii Bowling 9:30 A SS Cardio Fit 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Halloween Party 1:00 P Scrabble 1:30 P Bridge Refresher 2:00 P Line Dance 2:15 P ***See Below Knitting 3:00 P Duplicate Bridge 5:00 P OA 5:30 P</p>	<p>Support High School Academics! 60+ Spelling Bee team Sunday, October 22nd @ 7:00 P.M. @ Oregon Coast Community College</p>			
	<p>EDUCATIONAL</p> <p>10/5 Problem Gambling, Session 1 10/12 Audubon Society: Land & Sea Conservation 10/16 Social Security Seminar with Duane Silbernagle 10/17 Problem Gambling, Session 2 10/26 Free Training—Memories in the Making</p> <p>NEW CLASSES / PRESENTATIONS</p> <p>10/11 Wandering Reel Film Festival 10/18 Understanding My Medicare</p>		<p>TRIPS</p> <p>10/10 Davis Family Pumpkin Patch, Maze & Hay Ride 10/14 Sisters Harvest Festival 10/16 Three Rivers Casino 10/20 The Talking Dead</p> <p>*** TUESDAY LINE DANCE CLASSES</p> <p>Very Beginning 2:15 pm Beginning 2:30 pm Low / Intermediate 3:30 pm</p>		<p>Visit our website at www.newportoregon.gov/sc Newport 60+ Activity Center 20 SE 2nd St., Newport, OR. 541-265-9617 Meal Site 541-574-0669</p> <p>CENTER HOURS</p> <p>Monday 8:30a-8:30p Tuesday 8:30a-9:00p Wednesday 8:30a-6:30p Thursday 8:30a-5:00p Friday 8:30a-5:00p Saturday 8:30a-5:00p</p>	
<p>October 31st, 1:00-3:00 PM Halloween Party — Dress Up</p>						