

# AGILITY

NEWPORT PARKS AND RECREATION • SEPTEMBER, OCTOBER, NOVEMBER • 2024



Find us on Instagram!  
@NewportParksandRec

Activities, Schedules, Events

and much more for

The Newport Recreation Center • Aquatic Center • 60 + Center • Newport Public Library • PAC/VAC

## WELCOME TO NEWPORT PARKS AND RECREATION!



*Whether you're a resident or visitor, we're glad you're here!*

The Newport Parks & Recreation Department strives to provide positive recreational experiences through a variety of programs, activities, and services for all ages and abilities. We are committed to preserving and protecting the natural resources and parkland of our town while improving and enhancing all opportunities for future generations.

The Department manages the Recreation and Aquatic Center, 60+ Activity Center, 13 parks, which includes shelters, playgrounds, skate park, ball fields, tennis/pickleball courts, recreational trails, as well as public parking lots and restrooms, and the Bayfront boardwalk and piers. I invite you to enjoy any one of our great facilities with your friends and families.

We hope you find our printed activity guide and online website catalog helpful with your needs. Our website has user-friendly features, compatibility and quick connectivity across your PC or mobile device. We aim to make program registration as hassle free as possible.

We'd love to hear from you! We are always looking for new programming ideas and vendor suggestions. If you have an idea for a new program, or have ideas/ input on how we could improve existing programs, please e-mail or contact the appropriate facility or staff member.

Interested in enhancing, preserving and protecting our parks and recreation facilities? You will want to learn about the Friends of Newport Parks and Recreation! The Friends are a non-profit that serves as a financial sponsor for the department, helping to manage funds from donors and private foundations for parks and recreation projects and services that benefit Newport. To learn more, please contact [friendofnpari@yahoo.com](mailto:friendofnpari@yahoo.com).

We look forward to seeing you out and about in Newport!

**Mike Cavanaugh**  
Director of Parks and Recreation  
Newport, Oregon Parks & Recreation

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PARA INFORMACION EN ESPANOL  
Para mayor información usted puede visitar nuestra página del internet en [newportoregon.gov/dept/par](http://newportoregon.gov/dept/par).  
En la esquina inferior del lado izquierdo de la página, seleccione el language que usted prefiere, luego haga clic en el botón TRANSLATE y el language se ajustará a su preferencia.  
La mayoría de la formas que usted necesitará estan disponibles en español en el Centro de Receación.

### NEWPORT PARKS AND REC ONLINE REGISTRATION!

**We're online!**

**REC CENTER**  
Sports, childcare, exercise classes, and more!

**AQUATIC CENTER**  
Open swim, exercise classes, lessons, and more!

**60+ ACTIVITY CENTER**  
Trips, group activities, exercise classes, and more!



Scan with your smart phone to go directly to our online registration catalog!

**W**e will have a new process for buying a 10-class card, effective September 1st. It will be a much more convenient and easy way to purchase a discounted fitness class card.

There will be two different cards; a Recreation Center card for LAND classes only and an Aquatic Center class card for WATER classes only.

## CARDIO & MORE!

### Tuesday Class:

An interactive upbeat class that challenges the body and the brain!

Body conditioning and balance exercises using a variety of equipment.

### Thursday Class:

Fun and simple Step & Floor cardio intervals.

Core conditioning using a variety of equipment to keep you entertained!

### Friday Class:

30 minutes calorie burning cardio and 30 minutes stress-reducing stretching.

**Tuesday & Thursday, 8:00-9:00 am -**

**Friday, 11:30 am – 12:30 pm**

**Instructors: T/TH: Brenda Luntzel**

**Friday: Rebecca Sinnhuber**

**Free with Annual Pass**

**Drop-ins: \$9.50 or \$8.00 with Resident Discount**

**10-Class Card: \$85.50 or \$72.00 with Resident Discount**

## FLEX N' STRETCH

### NEW TIME CHANGE

A fun seated and standing class that includes cardio bursts, brain fitness activities, muscle conditioning, and balance followed by 15 minutes of stretching.

This class is great for anyone wanting a fun multi-dimensional workout.

**Tuesday & Thursday, 9:20-10:30 am**

**Wednesday & Friday, 10:00-11:00 am**

**Instructor: Brenda Luntzel**

**Free with Annual Pass**

**Drop-ins: \$9.50 or \$8.00 with Resident Discount**

**10-Class Card: \$85.50 or \$72.00 with Resident Discount**

## KICKBOX

An invigorating workout using “kickbox-inspired” movements.

Get your heartrate up, break a sweat, and have fun doing it!

**Class is designed for all levels.**

**Tuesdays, 6:00-7:00 pm**

**Instructor: Jorge Glez**

**(Drop-in fee required)**

**Drop-ins: \$9.50 or \$8.00 with Resident Discount**

**10-Class Card: \$85.50 or \$72.00 with Resident Discount**

## YOGA FLOW

Yoga is a fun and creative way to improve your strength, flexibility and balance, decrease stress, and calm your mind.

This class is a blend of mat and standing exercises using the principles of Yoga.

**Tuesday 4:15-5:15 pm**

**Instructor: Kacey Baxter**

**(Drop-in fee required)**

**Drop-ins: \$9.50 or \$8.00 with Resident Discount**

**10-Class Card: \$85.50 or \$72.00 with Resident Discount**

## ZUMBA

Shake up your routine at Zumba, a fun dance fitness class set to popular world beats.

Reduce stress, strengthen your heart, tone muscle, and improve balance.

**All levels are welcome. Class is led by a licensed Zumba instructor.**

**Saturday 10:30-11:30am**

**Instructor: Jenny Voisard**

**(Drop-in fee required)**

**Drop-ins: \$9.50 or \$8.00 with Resident Discount**

**10-Class Card: \$85.50 or \$72.00 with Resident Discount**

## SPECIALTY FITNESS PROGRAMS

### TAI CHI FOR HEALTH

Classes are based on the Tai Chi for Arthritis Program from the Sun style form, emphasizing joint-safe moves and Qigong breathing. This is sequential learning and you will learn and memorize several movements. Practice will improve balance to minimize a fall, improve muscle strength, stress reduction, immune function, and mental focus.

**Wednesdays 12:30-1:30pm (4 class sessions)**

**Pre-registration for each month is required.**

**A FOUR class SESSION is \$32.00**

**Session I: October 9, 16, 23, 30**

**Session II: November 6, 13, 20, 27**

Instructor: Susan Cooper, Senior Trainer - Tai Chi for Health Institute, Dr. Paul Lam  
Location: Recreation Center, Aerobics/Dance Room

## YOUTH ACTIVITIES

### TEEN FITNESS TRAINING

This is a 1.5-hour one-on-one session required training for anyone 12-14 years old who wishes to use the Fitness Center without parent supervision.

- Understanding the FIIT principle, knowledge of basic muscle groups, types of strength training, and other recommended guidelines for young adults.
- Fitness Center etiquette and appropriate use of exercise equipment for a safe

## First Steps Program

Designed for people of all shapes, sizes, and abilities.

Diseñado para personas de todas las formas, tamaños y habilidades.

Includes...

- 22 visit pass
- One on one with our Fitness Specialist
- 2 Group Walks
- 2 Group Moral Support Sessions
- First Steps journal

Ala carte options available!

## FIRST STEPS

Need some encouragement to get started on your fitness journey? This program is designed for people of all shapes, sizes, and abilities to feel more comfortable and accepted in a fitness/recreation environment.

This multi-week program is designed to provide opportunities and encourage fellowship for those who need a helping hand getting into movement.

**For questions, please call Brenda Luntzel, Fitness Specialist at 541-574-5863. \$150.00 / with Resident Discount \$140.00**



workout.

- Specific training of cardio and strength machines in the Fitness Center.
- Upon completion you will receive a Teen Training Card.

Call 541-574-5863 to schedule the training or get a registration form at the front desk.

**\$40.00 or \$35 with Resident Discount**

**Pre-registration required by parent.**

## AFTER SCHOOL PROGRAM

The City has transitioned to an outside provider for childcare. The Youth Development Coalition of Lincoln County is now providing childcare at the Recreation Center.

**Ages: 5-11 years**

**Afterschool-5:30 pm Mon – Fri**

**Contact your school about bussing to the Rec Center**

**Starts Tuesday Sept 3rd**

**Pre-registration is required.**

Please contact 541 961 6123

or visit our website at <https://newportoregon.gov/dept/par/rec/youthprograms.asp> to register.

USDA and this institution are equal opportunity providers and employers.

## INDOOR PARK

Join a parent/child play group atmosphere which provides a place for young children to play and be active inside. We have lots of play equipment available.

**Sundays- 11 am-12:30 pm**

**Ages 4 and under**

**\$3.75 drop-in fee per child or**

**\$3.25 with Resident Discount**

**10-Pass \$35.00 or \$29.00**

**with Resident Discount**



## EQUIPMENT TRAINING AND EXERCISE PROGRAM DESIGN

Set yourself up for success! Whether you are new to exercise or need some inspiration for a new and more challenging routine. Wherever you are in your journey to better health and fitness, you will benefit greatly from this. You will get a comprehensive personal consult, training on the equipment and a plan of action that has purpose and a positive outcome.

To schedule a training with Brenda Luntzel, Fitness Specialist at the Recreation Center, ask for the sign-up form at the front desk or call her directly at 541-574-5863.

Brenda is certified as a Personal Trainer and Medical Exercise Specialist from American Council on Exercise (ACE). She has 40 years of experience of personal training, exercise program design, and teaching land and water group exercise classes.

**A consult and/or equipment training is approximately one hour.**

**\$50.00 Non-resident/ with Resident Discount \$47.00**

To view the current Aquatic Center schedule, visit [www.newportoregon.gov/pool](http://www.newportoregon.gov/pool) and click on the Schedule tab.

## WATER EXERCISE CLASSES

### BOOT CAMP

A fun, exciting, and challenging water exercise program that is for all ages and fitness levels. New workouts at every class.

**Tues/Thurs 5:30-7 pm; Sat 8:00-9:30 am. Instructor: Rebecka Lakeman.**

**Pre-registration required.**

### DEEP WATER WORKOUT

A fun and vigorous workout that includes deep water cardio, core and balance exercises with some shallow water body conditioning and stretching.

**Wed/Fri 8:30-9:30 am. Instructor: Brenda Luntzel.**

**Pre-registration required.**

### AQUA INTERVAL

Interval training using the current channel, deep water exercise, steps, balance, and body conditioning. A wonderful warm water workout for any age or ability.

**Tues/Thurs 11 am-12 pm.**

**Instructor: Rebecca Sinnhuber. Pre-registration required.**

### AQUA BODY

A dynamic and fun combination of cardio and muscle work, utilizing shallow and deep water, and a variety of equipment to build full body and core strength and endurance.

**Tues/Thurs 8:30-9:30 am. Instructor: Deanna Krohlow. Pre-registration.**

### MOVE FOR LIFE

Focus on functional fitness, arthritis-friendly range of motion, stretching, and balance in the warm and body supportive environment of the therapy pool.

**Tues/Thurs 9:45-10:45 pm. Instructor: Deanna Krohlow.**

**Pre-registration required.**

**All water exercise classes are \$9.00/ with Resident Discount \$7.50.**

**10-class pass: \$81/ with Resident Discount \$67.50**

## SIGN UP FOR THE AQUATIC CENTER EMAIL NOTIFICATION GROUP!



SCAN HERE TO SIGN UP!

This group will be notified of schedule changes, pool closures, etc.



## Sensory Friendly Swim

**4th Saturday  
of the month  
5-6 pm**



No hair dryers in locker rooms



Staff use whistles only in case of emergency



Lazy river and fountain turned off to reduce noise



Number of participants limited



No announcements or music

NEWPORT AQUATIC CENTER

## OUT TO SWIM

This time is dedicated to members of our community looking to swim and build connections with others.

Take pride in yourself and come out to swim!

**FIRST SATURDAY OF THE MONTH, 5-6 PM**

**Register your spot online! Price is the daily drop-in fee.**

## SWIM LESSONS

### GROUP LESSONS

\$79.00 or \$65.00 with Resident Discount for a session of six 35-minute lessons

### PRIVATE LESSONS

\$89.00 or \$75.00 with Resident Discount for a session of four 30-minute lessons

*\*Swim lesson sessions are dependent on staffing levels and are subject to cancellation. To stay up to date with current swim lesson sessions and registration dates, join our email notification group. Email W.McCray@NewportOregon.gov to be added to the notification group.*

**We offer swim lesson scholarships! If you are interested in applying for a swim lesson scholarship, please contact Whitney (541-574-5860 or W.McCray@NewportOregon.gov)**

**CHECK OUT THE SPECIAL EVENTS PAGE FOR MORE INFORMATION ON SPRING SPECIAL EVENTS AT THE AQUATIC CENTER!**

## NEWPORT SWIM TEAM

The Newport Swim Team provides a terrific year-round opportunity for young athletes in our community. The Newport Swim Team swim program offers an experienced and professional coaching staff. The goal of our team is to provide every member of the team the opportunity to improve swimming skills and to achieve success at his or her level of ability. The Newport Swim Team is dedicated to providing a swim program that emphasizes competitive training and physical fitness. We focus on team unity in a directed positive atmosphere. The organization, in partnership with its families, strives to produce successful members of the community. **Please contact Kasey Postlewait at [kaseyreneep@gmail.com](mailto:kaseyreneep@gmail.com) for any inquiries about joining the Newport Swim Team or visit [newportswimteam.net](http://newportswimteam.net)**



## Which level should I sign my child up for?



My child is between the ages of 7 months and 3 years old and I would like to begin introducing them to the water.

Enroll in our Sing & Swim class! This is an instructor led class in which the parent gets in the water with the child. We sing, play games, and have fun while getting your child comfortable in the water.



My child is at least 4 years old and cannot comfortably go underwater and hold their breath and cannot front and back float.

Enroll in our Guppies (level 1) class! This is our introduction to swim lessons class and will work on skills such as blowing bubbles, jumping in and going underwater, back/front float, and holding breath underwater.



My child is at least 4 years old and can comfortably hold their breath underwater for 5 seconds, can front and back float, and can jump in and go underwater.

Enroll in our Goldfish (level 2) class! This class will work on the fundamentals of swimming, including front/back streamline, bobbing, kicking with a kickboard, and retrieving a ring from the bottom of the pool.



My child is at least 4 years old and can front/back streamline, jump in and recover to back float, and kick with a kickboard.

Enroll in our Piranhas (level 3) class! This class will work on stroke development, including front/back streamline with kick, backstroke, side glide, and elementary backstroke.



My child is at least 4 years old and can front and back streamline with kick, backstroke, elementary backstroke, and side glide 10 feet.

Enroll in our Seahorses (level 4) class! This class will continue to work on stroke development, including treading water, diving off the side, freestyle, and side glide into freestyle.



My child is at least 4 years old and can tread water, dive off the side, and swim freestyle, side glide, and backstroke 30 feet.

Enroll in our Sharks (level 5) class! This class will work on stroke technique and endurance. It will focus on freestyle/backstroke endurance and stroke development through drills, as well as diving off the starting blocks.

# NEWPORT



PARKS AND RECREATION  
60+ ACTIVITY CENTER

## THE 60+ ACTIVITY CENTER VISION

To make accessible a humane and meaningful center for continued growth and joyful opportunities where everyone is visible.

## THE 60+ ACTIVITY CENTER MISSION

To preserve the dignity and value of all older adults in our community by providing equitable and accessible opportunities for social interaction, recreation, support services, education, volunteerism and community action.

*Beyond Fantastic!*

Accredited by   
National Institute of  
Senior Centers

20 SE 2nd Street  
Phone: (541) 265-9617  
[www.newportoregon.gov/sc](http://www.newportoregon.gov/sc)

 Find us on  
Facebook

## DURABLE MEDICAL EQUIPMENT

Wheelchairs, walkers, crutches, canes, shower chairs, and toilet lifts are available for no cost to all who need them. Call to ask about adult sanitary pad availability.

## CRAFTER'S CORNER GIFT SHOP

All are welcome to browse this coastal consignment gift shop with a wide variety of handmade crafts, wonderful walking sticks, beautiful jewelry, handcrafted baby blankets and booties, fashionable scarves, adorable kitchen aprons, unique hot pads, and more. Do you have something you would like to offer for sale? Inquire in the shop about our consignment opportunities.

## MEALS ON WHEELS – CONGREGATE DINING

Come and enjoy a fresh, hot, nutritious meal served in a social setting.  
**Meals are served every Monday, Wednesday, and Friday at noon.**  
Donations are encouraged. Reservations required. 541-574-0669.

## MEALS ON WHEELS – HOMEBOUND LUNCH PROGRAM

Hot lunches are served to the homebound. Please call (541) 574-0669 for prices and to sign up for meals to be delivered to your home.

## HOW YOU CAN ASSIST YOUR 60+ ACTIVITY CENTER:

### VOLUNTEER OPPORTUNITIES

Come chat with us to find the right fit for you.

The Friends of the Newport 60+ Activity Center

Newport Senior Citizens Activity Association

60+ Activity Center Advisory Committee



## DO YOU BUY GROCERIES?

Support your 60+ Activity Center with charitable contributions, at no cost to YOU! Link your Fred Meyers rewards card to the Newport 60+ Center under account code CU972, The Friends of the Newport Senior Activity Center. Visit [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards) to link your account or call 1-866-518-2686.

## A BIG THANK YOU FOR YOUR SUPPORT!

REGISTER FOR CLASSES ONLINE AT  
[WWW.NEWPORTOREGON.GOV/SC](http://WWW.NEWPORTOREGON.GOV/SC)



## EDUCATIONAL OPPORTUNITIES

### BEGINNING COMPUTER

This is a six-week class for those who would like to learn how to use a computer.  
**Date: TBD**

### FOOD HERO RECIPE TASTE

Hosted by OSU Extension SNAP-Ed Lincoln County this monthly event offers a taste of healthy cooking. The taste includes:

- A small taste of a recipe from [www.FoodHero.org](http://www.FoodHero.org)
- A printed recipe for you to take home.
- Extra printed recipes to take home.

**Third Tuesday of the month, 11:30 am – 1:00 pm**

## PARA INFORMACION EN ESPANOL

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## HEALTH & WELLNESS CLASSES WHAT MATTERS MOST: YOUR HEALTH!

You deserve to take care of yourself! Your 60+ Activity Center offers many evidence-based programs, which means they have been proven to work! These designed programs can increase your strength, balance, mobility, flexibility, and overall health. Let us help you reach your goals. Classes have different fitness levels from beginning to advanced. Please check with the class leader or instructor to find out if the class is a match for you.

### ARTHRITIS EXERCISE PROGRAM

Whether you have arthritis or related diseases, or you just want to prevent it, this program's multiple components will help reduce pain and stiffness, and help you maintain or improve your mobility, muscle strength, and functional ability.

**Class leader is Rose Ebel.**

**Wednesday & Friday, 9:30 – 10:30 am**

### STRENGTH & BALANCE

Designed to gradually improve balance and strength, this class will help you to avoid falls and to maintain independence. This is a video-led class.

**Friday, 1:00 – 2:00 pm**

### BLOOD PRESSURE CLINIC

Keep track of your blood pressure with this drop-in blood pressure clinic by local nurse, Hailey Mahler. Blood glucose testing also available. No appointment needed.

**Every 1st Friday, 9:00 – 11:00 am**

### JIN SHIN JYUTSU

Based on the book, *The Touch of Healing: Energizing Body, Mind and Spirit with the Art of Jin Shin Jyutsu*, this class will "restore you to a knowledge of yourself and your innate ability to improve the quality of your life."

**TBA**

### LINE DANCING

• **Easy Line Dance:** This class is designed for people familiar with line dancing who want to review basic line dance steps or just enjoy doing easier dances to slower music. **Wednesday, 1:00 – 2:00 pm**

• **Improvers:** This class is for those dancers who are already familiar with line dance steps and dances. **Wednesday, 2:00 – 3:00 pm**

• **Intermediate:** The Intermediate Class is for more experienced dancers. In this

class you will be doing a variety of dances, some quite complicated, and some quite fast, but still fun. **Wednesday, 3:00 – 4:00 pm**  
**Class leader for all line dance classes is Mary Peterson.**

### SOCIAL BALLROOM DANCING

Learn the Foxtrot, Waltz, and Rumba in this easy-to-learn, social ballroom dance class. Come alone or bring a partner.

**Class is taught by Bonnie Prater.**

**Monday, 1:30 – 3:30 pm**

### MEDITATION

Meditation is now mainstream and is being practiced in many different ways. The meditation that will be taught has its roots in Zen practice.

**Class leader is Joseph Armenio.**

**Tuesday, 9:00 – 10:00 am**

### CHAIR YOGA

Chair Yoga accommodates people who cannot get up and down easily from the floor. This style of yoga can be a very complete workout that increases flexibility and strength, while incorporating breathing techniques that are both energizing and calming.

**Class leader is Michelle Annette.**

**Tuesday & Thursday, 11:45 – 12:45 pm**

### GENTLE YOGA

Gentle yoga available for all levels. Enjoy a relaxing stretch-type class, modifications available. Must be able to get up and down off the floor.

**Class leader is Deborah Marsh.**

**Tuesdays, 1:00 – 2:00 pm, Thursdays, 2:30 – 3:30 pm**

### LET'S GET MOVING! HYBRID WALK WITH EASE

Build confidence, get moving, improve your health. This class helps people improve their balance, reduce chronic pain, and increase flexibility and comfort moving. Join live or via Zoom. If you do not have the technology or know how, we can help. Call the office to learn more.

**Class leader is Bryn McCornack.**

**August 30 – October 11, Tuesday & Friday, 2:00 – 2:45 pm**

### TAI CHI FOR ARTHRITIS AND FALL PREVENTION

This 6-week course meets twice each week. You will learn a series of slow, smooth movements to be practiced in a safe and comfortable manner. We will begin with a warm-up, and will proceed, slowly, one movement at a time, until you have mastered each form of a series. This Sun style program is for people with mild, moderate and severe joint and back pain. It is especially appropriate for adults who have a higher risk of falling. All movements are adaptive to accommodate mobility issues.

**This hybrid class is available both on-line and in-person.**

**August 30 – October 11, Tuesday & Friday, 3:15 – 4:00 pm**

### TAI CHI

Improve upper and lower body strength with easy eight-form Tai Chi.

**Class is led by volunteer Craig Shafer.**

**Thursday, 1:00 – 2:00 pm**

### SILVER SNEAKERS CLASSIC

This fun fitness program will help maintain and improve cardiovascular conditioning, circulation, flexibility, and muscle tone.

**Class leader is Pam Gardner.**

**Tuesday, & Thursday, 10:00 – 10:55 am**



## MOVE WITH MARY

You will start this fun class with a warm-up and transition into exercises, using weights, a ball, or band all done while standing or sitting. All abilities are welcome! Come and get moving!

**Class leader is Mary Peterson.**

**Monday, 10:00 – 11:00 am**

**USE THE QR CODE BELOW TO REGISTER NOW.**



## DANCE WITH MARY

Come check out the variety of dance moves we have fun with to our collection of music CD's. It's not just a workout, it's FUN!

**Class leader is Mary Peterson.**

**Monday, 11:00 am – 12:00 pm**

## SOCIAL GROUPS

### MEETING PEOPLE & HAVING FUN

The City of Newport is "The Friendliest!" The 60+ Activity Center offers the chance to join existing social groups.

### COFFEE AND CONVERSATION WITH SONIA

Everybody is invited to join us to meet others and share your thoughts, ideas, desires, and input regarding your 60+ Activity Center.

**2nd Tuesday of every month, 2:00 pm**

### BIRTHDAY CELEBRATION LUNCH

A time to celebrate with those who have a birthday during the month. Veterans of all ages, and everyone 60+ with a birthday in that month is invited to join us for a complimentary, celebratory lunch and Bingo for themselves, and a plus one!

**3rd Wednesday of every month, 12:00 pm (Bingo at 11:00 am)**

## THE MEMORY THREAD

Hosted by South Beach Manor Memory Care, this is a chance for those with memory issues and their loved ones to discuss challenges, solutions, latest research, self-care, and other topics of interest.

**1st Tuesday 10:30 – 11:30 am**

## CAREGIVER SUPPORT GROUP

Caregiving is a difficult and lonely job. Come meet with others in a safe environment to discuss/share your feelings of fear, anger, concerns of potential loss of your loved ones, etc. How will you survive, and do you have to feel guilty for surviving? These are just some of the topics that can be discussed in a supportive, and caring environment. Workshops are led by Lois, Moody, RN, MS and author of "Surviving Caregiving - Challenges of a Caregiver".

**TBD**

## INTERMEDIATE GUITAR LESSONS

This class is designed to help experienced guitar players hone their skills.

**Led by musician instructor Don Sansone.**

**Every other Wednesday 2:00 – 3:00 pm**

## WII BOWLING

You can enjoy the fun of bowling, without the weight of a bowling ball. Stop by and experience for yourself while you make new friends.

**Tuesday, 9:30 – 11:00 am**

## KNITTING GROUP

Crafty fun for all ages. Knitting is a great tool to keep your fingers limber and your mind sharp while enjoying the company of other knitters. Supplies abound, so come and join in on any Tuesday afternoon.

**Tuesday, 1:30 - 3:00 pm**

## BINGO

Bingo fun with prizes and socialization.

**Monday, Wednesday, and Friday, 11:00 – 11:45 am - \$0.25 donation to play.**

## PARTY CONTRACT LUNCH BRIDGE

Bring your lunch, play and learn with this casual, non-competitive, bridge game.

**Games hosted by Bruce Howard.**

**Monday, 11:00 am – 1:00 pm**

## DUPLICATE BRIDGE CLUB

Duplicate Bridge is the most widely used variation of contract bridge in club and tournament play.

**Thursday, 12:30 – 4:30 pm**

## MAH JONGG

Master the art of this mysterious Chinese tile game. Instructions are available.

**Monday, 1:00 – 3:00 pm**

## DOMINOES, MEXICAN TRAIN

The object of the game is for a player to play all of the dominoes from their hand onto one or more chains.

**Wednesday & Friday, 11:30 am – 4:30 pm**

## OPEN BOARD GAMES

Bring your favorite board game and come play with others.

**Tuesday, 10:00 am – 1:00 pm**

# NEWPORT 60+ ACTIVITY CENTER

10 SEPTEMBER, OCTOBER, NOVEMBER - 2024

## SCRABBLE

Scrabble is a board game in which words are formed from letters in patterns similar to a crossword puzzle.

**Tuesday, 1:00 – 3:00 pm**

## PINOCHLE

Pinochle is a trick-taking Ace-Ten card game typically for two to four players and is played with a 48-card deck.

**Friday, 11:00 am – 2:00 pm**

## SENIOR DISCUSSION GROUP

Drop in to chat about anything and everything from Artificial Intelligence to cataract surgery; from the best restaurant in Newport to Wordle or crabbing season. Except for no politics or religion, come talk with others about whatever you think is interesting.

**Led by volunteer Marvin Straus.**

**2nd Tuesday of the month, 11:30 am – 12:00 pm**

## OPEN POOL GAMES

Come and shoot pool with your friends!

**Monday – Friday, 8:00 am– 5:00 pm**

## CALL SHOT POOL

This pool game invites bank, combination, and carom shots. Chalk your cue!

**Monday and Wednesday, 2:00 – 4:00 pm**

## OPEN PING PONG

Bring a friend for fun, socialization, and exercise with our ping pong table.

**Monday – Friday, when Multi-Purpose Room or Education Room is available**

## OPEN MIC AND MUSIC JAM

Acoustic instrument jam and open mic, hosted by Morgen Silverhorn. Musicians should bring their acoustic instruments, check in, and "we will see what happens". This is open to musicians of all abilities, and everyone is invited to attend even without an instrument.

**First, third, and fifth Mondays of the month, 2:00 – 4:00 pm**

## QUILTING SOCIAL

Bring your projects to work on. Come share your questions, thoughts and ideas with this social quilting group.

**Tuesday, 9:00 am – 1:00 pm**

## ART CLASSES

### CRAFTING WITH CRICUT

Create a project using the Cricut cutting machine. Supplies provided, just bring yourself and your curiosity.

**4th Wednesday of the month, 2:00 – 4:00 pm**

### WATERCOLOR

Draw into that inner beauty and hidden talent! With Shirley Steinhauer's experience and expertise, you will surely discover the artist in you! For those who do have supplies, you are encouraged to bring them to class.

**Thursday, Starting September 19, 101 from 9:00 – 11:00 am and 201 from 1:00 - 3:00 pm**

### BEGINNING DRAWING

Karen Robnett will be offering a beginning drawing class using a variety of mediums.

Create your own masterpiece! All materials are provided, but people who do have their own supplies are encouraged to bring the supplies to class.

**Wednesday, Starting September 18, 9:00 – 11:00 am**

### DRAWING WITH COLORED PENCILS

Karen Robnett will be offering a free colored pencil class for those people interested in learning how to create their own masterpiece! All materials are provided, but people who do have their own supplies are encouraged to bring the supplies to class. Class size is limited, so sign up now!

**Wednesday, Starting September 18, 1:00 – 3:00 pm**

### ART WORKSHOP WITH SHERILYN

Students from our various art classes will meet to hone their skills while instructors Shirley Steinhauer and Karen Robnett take a brief hiatus from teaching their classes.

**Date: TBD**

More classes, presentations, and activities to be added – please visit our website at [www.newportoregon.gov/sc](http://www.newportoregon.gov/sc), or call 541-265-9617 for the upcoming schedule and to learn what is new.

## TRAVEL ADVENTURES

Join us for wild and wacky adventures with the 60+ Activity Center...who knows where it might lead...Contact the 60+ Activity Center to register and for more information



### SEPTEMBER

**Shore Acres Gardens, South Beach, OR**

**Yakona Nature Preserve Hike, South Beach, OR**

**Mt. Angel Oktoberfest, Mt. Angel, OR**

**Whalen Island Loop Hike, Pacific City, OR**

### OCTOBER

**McMinnville Scottish Festival, McMinnville, OR**

**Fall Splendor Excursion, Rockaway Beach, OR**

**French Prairie Pumpkin Patch and Pig Races, St. Paul, OR**

**Great Junk Hunt, Salem, OR**

### NOVEMBER

**Valley River Center Shopping Trip, Eugene, OR**

**COACHES NEEDED!!!!**

We are always in need of volunteer coaches for our middle school and youth programs. Coaches get to enroll one child for free. You must be able to pass a criminal background check. Experience is not required. We will give you everything you need to successfully manage a team.

**FALL YOUTH SPORTS****COACHES NEEDED!!!!**

We are always in need of volunteer coaches for our middle school and youth programs. Coaches get to enroll one child for free. You must be able to pass a criminal background check. Experience is not required. We will give you everything you need to successfully manage a team.

**MIDDLE SCHOOL CROSS COUNTRY (6TH-8TH GRADE) - COACH NEEDED**

This cross country program is a great way for kids to enjoy competitive running or get in shape for winter sports. Practices include trail runs at various locations around the Newport area. Meets will take place in the valley area and on the coast.

- **Cost: \$169.00 or \$145.00 with Resident Discount (scholarships are available)**
- **Registration Deadline: September 5, 2024**
- **Late Registration is an additional \$15**

**MIDDLE SCHOOL WRESTLING (6TH-8TH GRADE)**

This cross country program is a great way for kids to enjoy competitive running or get in shape for winter sports. Practices include trail runs at various locations around the Newport area. Meets will take place in the valley area and on the coast.

Practices will take place on Mondays, Wednesdays, and Fridays.

- **Cost: \$169.00 or \$145.00 with Resident Discount (scholarships are available)**
- **Registration Deadline: November 9th, 2024**
- **Late Registration is an additional \$15**

**YOUTH VOLLEYBALL (3RD-6TH GRADE)**

Practices will be mostly on weeknights and games will be on Saturdays at various locations around the county. All teams will focus on learning the fundamentals of volleyball, reaching personal and team goals while having fun in the process.

- **Cost: \$99 or \$79.00 with Resident Discount (scholarships are available)**
- **Registration Deadline: September 5, 2024**
- **Late Registration is an additional \$15**

**UPCOMING WINTER SPORTS**

Keep an eye on our Facebook/Instagram pages for updates on youth sports!

**TRAILBLAZERS SEASON KICK-OFF**

Join us for the Trailblazers Kick-Off Event on November 2nd, a fun and free event for students in grades 1st through 6th! Come experience exciting games, activities, and meet new friends as we kick off the season with a bang. Don't miss out on this fantastic opportunity to jump-start your basketball journey!

- **Registration Deadline: November 1st, 2024**
- **TIMES \_\_\_\_\_**

**1ST-6TH GRADE BASKETBALL**

The emphasis of this league is to have fun, improve skills, learn team play and develop a passion for the game. Practices are held one to two times weekly, dependent upon coach and facility availability. Games are played on Saturday at various locations across Lincoln County. Player evaluations are held prior to the first practice. 1st-2nd graders play on coed teams. 3rd graders and up are split into boy and girl leagues.

- **Cost: \$99 or \$79.00 with Resident Discount (scholarships are available)**
- **Early Bird Discount: \$10.00 (Ends 10/10)**
- **Registration Deadline: November 9th, 2024**
- **Late Registration is an additional \$15**
- **Player Evaluation: Mid November 20**

**DROP-IN SPORTS****ADULT NOON BASKETBALL LARGE GYM**

These games are a light hearted, call your own fouls affair, and usually feature a wide range of ages and skill levels. Everyone 16 and older is welcome.

- **Wednesday, Friday: 12:00 pm - 2:00 pm**

**ROLLER-SKATING SMALL GYM**

Grab your rollerblades or skates and drop in for a family friendly roller-skating session.

- **Wednesday: 4:30 pm - 6:00 pm**
- **Sunday: 1:00 pm - 4:00 pm**

**BADMINTON SMALL GYM**

Badminton is a fast-paced racquet sport. Players use a shuttlecock, a lightweight projectile, aiming to hit it over the net into the opponent's court. The game requires agility, precision, and strategic thinking to outmaneuver opponents and score points.

- **Saturday 1:00 pm - 3:00pm**

**ADULT INDOOR SOCCER SMALL GYM**

These are low-pressure pickup games for those who want to play for the enjoyment. This program is for those who

want to continue playing through the rainy months. Play usually features a wide range of ages and skill levels.

- **Friday 6:00 pm - 7:50 pm**
- **Sunday: 4:00 pm - 7:00 pm**

**VOLLEYBALL LARGE GYM**

Join us for casual and fun drop-in volleyball sessions, where players of all levels come together for friendly matches and a great time on the court. Whether you're a seasoned pro or new to the game, our drop-in volleyball is the perfect opportunity to spike, set, and score in a relaxed and inclusive environment.

- **Wednesday & Friday 7:00 pm - 9:00 pm**

**PICKLEBALL SMALL GYM**

Pickleball is a combination of tennis, badminton, ping-pong, and racquetball. Fast paced, easy to learn and lots of fun. To provide a better experience for all, please play on the appropriate skill level court to allow equal playing time for others.

**Tuesday/Thursday**

- **Skill Level 4 - 5: 8:00 am - 9:30 am**
- **Skill Level 3.5 - 4: 9:30 am - 11:30 am**
- **Skill Level 1 - 3: 11:30 am - 3:00 pm**
- **All Skill Levels: 6:00 pm - 7:50 pm (Tuesday Only)**

**Wednesday/Friday**

- **Skill Level 3.5 - 5: 12:00 pm - 1:30 pm**
- **Skill Level 1 - 3: 1:30 pm - 3:00 pm**

**Saturday**

- **Skill Level 4 - 5: 8:00 am - 9:30 am**
- **Skill Level 3.5 - 4: 9:30 am - 11:30 am**
- **Drills (All Skill Levels) 11:30 am - 12:30 pm**
- **Skill Level 1 - 3: 12:30 pm - 3:00 pm**

**OPEN GYM**

A schedule of gym availability is posted on calendars at the control desk of the Recreation Center. You may call during building open hours to check on the schedules. Schedules are subject to change, but every effort will be made to adjust the schedules well in advance so that notice can be given to frequent users.

For up-to-date information about all of our current sports programs, please visit [www.newportoregon.gov/sports](http://www.newportoregon.gov/sports) or contact Zach Koprowski at [z.koprowski@newportoregon.gov](mailto:z.koprowski@newportoregon.gov)

**REGISTER NOW!**

# SPECIAL ACTIVITIES & EVENTS

12 SEPTEMBER, OCTOBER, NOVEMBER - 2024

*KEEP UP TO DATE WITH SPECIAL EVENTS ON OUR FACEBOOK PAGE!*

## SEWING CLASSES

Thursdays, 10:00 – 12:00 pm OR , 4:00 - 6:00 pm

Sept 12 - Oct 3, Oct 10-31, Nov 7- Dec 5 (No Class Nov 28)

Ages 12 & up, Class size limited

Bring your creativity, willingness to learn, and your sewing machine, if you have one.

Each class is a different creative project you can make for yourself, or as a gift.

Standard fee \$168.00 per 4-week session or \$140.00 with Resident discount

## COASTAL CREATIONS ARTISAN MARKET

November 9th 10am – 4pm at the Recreation Center

Fall in love with handmade treasures or get a head start on your holiday shopping at our Coastal Creations Artisan Market! This market features an abundance of amazing local artists with everything from jewelry, to sculptures, paintings, greeting cards, photography, and more.



*Artist's Reception*

**NEWPORT RECREATION CENTER**  
Nov 8th, 6:30-8:30pm

Join a selection of our artists in a meet and greet Friday evening to learn how they make their creations. Winery tastings and food available.  
Come back Saturday for the full show!  
Keep an eye on our Facebook page for details

## ARTIST'S RECEPTION

November 8th 6:30-8:30pm at the Recreation Center

Join a selection of our Coastal Creations Artisan Market artists for an evening reception in the Small Gym to learn how they make their creations! The Flying Dutchman Winery will be there offering tastings and Siren's Lure Teahouse and Bakery will have food. You'll have the opportunity to talk with the artists and see how they work. The artists will have items for sale during the event. Be sure to come back on Saturday for the full show to see the rest of the artists!

## THE FRIEND ZONE SENSORY GYM

Thursdays 9:00 am – 2:00 pm, Fridays 12:00 – 8:00 pm

Saturdays 12:00-7:00 pm, Sundays by appointment

Start date TBA

Regulate your senses with our brand-new sensory gym, brought to you by the Friend Zone. Swing, spin, climb, jump, and balance with our equipment that is designed with inclusion and accessibility in mind. Sessions are 90 minutes long.

Standard fee: \$8.50/ 90 minute session, \$76.50/10 session pass

With Resident discount \$7.00/90 minute session, \$63.00/10 session pass

Newport Aquatic Center in collaboration with Newport Oregon Pride

## PRIDE PICNIC AT THE POOL



SEPTEMBER 22  
12:00-3:00 PM

**FREE EVENT!**

Bring your favorite side to this potluck picnic! Have a bite to eat and then swim, play games, and enter free raffles for prizes!  
Swimming and pool safety resources will be available on the pool deck for all attendees.

### PRIDE PICNIC AT THE POOL

September 22  
12:00-3:00 PM  
Free community event!

Bring your favorite side to this potluck picnic! Have a bite to eat and then swim, play games, and enter free raffles for prizes! Swimming and pool safety resources will be available on the pool deck for all attendees. In collaboration with Newport Oregon Pride.

## CITY OF NEWPORT TRICK OR TREAT GHOST WALK

Halloween, October 31st

4-7pm

Bring the whole family to City Hall, the 60+ Activity Center, and the Recreation/Aquatic Centers for some Trick or Treating fun on Halloween! Start at City Hall and make your way past spooky graveyards, haunted pumpkin patches, witches lairs, and deep dark woods. This family friendly walk through event is all about saying hi to City Staff and Trick or Treating. It's not a haunted house, but feel free to wear your costumes (we will be!)



## NEWPORT HARBOR TRI

**September 29**  
**8 am start time**  
**\$55 adult/\$20 youth**

Race the coast! The Newport Harbor Tri is a triathlon through the Newport harbor, right here on the central Oregon coast: swim in the Newport Aquatic Center, bike the Yaquina Bay road, and run the Yaquina Bay Bridge to the finish. We will be offering youth and adult divisions.



## SPOOKY SWIM

**October 12**  
**4:00-6:00 PM**

Have a scary good time at our annual Spooky Swim: splash and swim, eat sweet treats, and grab your very own pumpkin to decorate from our Floating Pumpkin Patch! \*One pumpkin per person.

**\$11 or \$9 with Resident discount**



## SCUBA CERTIFICATION CLASS

**November 3, 9, 10, 16, 17**  
**Registration deadline:**  
**October 2**

A highly trained PADI instructor will teach you how to scuba dive in a relaxed, supportive learning environment. By the end of the course, you'll have the skills and knowledge to dive at home or abroad and be an ambassador for the underwater world. The first 3 classes will be taught at the aquatic center, and the last two class dates will be at Woahink Lake in Florence. **\$600 per person**



NEWPORT AQUATIC CENTER	
<b>SCUBA CERTIFICATION CLASS</b>	
SUNDAY, NOVEMBER 3 - ORIENTATION*	1:00-4:00 PM
SATURDAY, NOVEMBER 9 - POOL SESSION	7:00 AM-12:30 PM
SUNDAY, NOVEMBER 10 - POOL SESSION	9:00 AM-12:30 PM
SATURDAY, NOVEMBER 16 - OPEN WATER	7:00 AM-12:30 PM
SUNDAY, NOVEMBER 17 - OPEN WATER	7:00 AM-12:30 PM

## NEWPORT PARKS AND RECREATION FALL 2024 ACTIVITY GUIDE

<http://www.newportoregon.gov/Recreation>



### MONTHLY SPECIALS

#### SEPTEMBER

**10% off any land or aquatics class punch cards!**  
(not applicable for membership punch cards)

#### OCTOBER

**Purchase one 10-VISIT PASS, get a second one for ½ price!**  
(not applicable for class punch cards)

#### NOVEMBER

**Take an additional 10% off any 1 or 2-person ANNUAL PASS PURCHASE!**  
(Not to be combined with the group rate)

**Fridays are Youth Days**

**\$3 each (ages 3-17 yrs. old)**

**Tuesdays & Thursdays**

**Senior day - \$3 each (60+ yrs. old)**

### Register for programs, pay for passes & activities with your new PARKS AND RECREATION ONLINE ACCOUNT!

1. Log on to [newportoregon.gov/recreation](http://newportoregon.gov/recreation)
2. Click on Login/Create New Account
3. Select account setup preferences
4. Build, customize, and add all family members to your account
5. Add your phone number to receive SMS notifications
6. Register for your next Parks & Recreation activity or pass

You can also log-in using your Facebook or Google Account!

Need additional help? Check out our how-to videos! <https://www.youtube.com/playlist?list=PLDvBAeqXeDGPAA6A pWDIH9yQNhwWAAfq3>



### SUPPORT THE FRIENDS OF NEWPORT PARKS & RECREATION

The Friends' mission is to assist in preserving, protecting, and helping all things parks and recreation for the City of Newport. For more information on how to get involved or to make a donation, contact the Friends of Newport Parks & Recreation at [friendsofnpri@yahoo.com](mailto:friendsofnpri@yahoo.com).

### POLICIES

**GENERAL REGISTRATION:** We ask that you pre-register for all activities and classes to avoid cancellation due to low enrollment.

**LATE REGISTRATION:** Participants joining a class at its mid-point or beyond will pay 50% of the original fee. There will be no prorated amount prior to the midpoint of a class. Late registration will only be permitted pending instructor approval and space availability.

**PAYMENT:** All programs and reservations require full payment of fees at the time of registration.

**REFUND POLICY:** Full refunds will be given if this Department cancels classes. At the participant's request, prorated refunds will be given after a class begins, subject to a \$10.00 service charge to recover administrative expenses. Please allow 3-4 weeks for processing. (effective 7/1/19) For a full description of our refund policy, please go to <https://newportoregon.gov/dept/par/rec/documents/RefundPolicy4-8-19.pdf> Annual pass-holders have 30 days from the date of purchase to request an annual pass refund. After 30 days, a \$75 service charge will be deducted from the refund amount.

**PASS EXTENSIONS:** Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be "put on hold" or temporarily suspended. A request must be accompanied by a doctor's verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

**SCHOLARSHIPS AND FINANCIAL ASSISTANCE:** Scholarships and Financial assistance are available to Newport residents for certain programs for those who qualify as funds allow. Please contact us for current information.

**PHOTO USAGE:** On occasion, staff may take photos or videos of participants. Please be aware that these may be used in future guides, pamphlets, flyers, and for general publicity of programs and activities.

#### FITNESS CENTER (entire upstairs)

Ages 0-11 Not permitted in Fitness Area

Ages 12-14 Permitted w/Teen Fitness Card or parental supervision

Ages 15 & up Permitted without adult supervision

(Infants in strollers – no more than one lane wide – allowed on track only)

#### UNATTENDED CHILDREN

The Newport Recreation Center prohibits leaving any child under the age of 12 unattended and/or unsupervised. This includes anywhere on Recreation Center property.

The Aquatic Center will prohibit leaving any child under the age of 10 unattended and/or unsupervised. Any child under the age of 7 must have a parent present in the water (within an arm's reach of them).

### HOURS Facility Hours of Operation

#### DAYS & HOURS FOR THE RECREATION CENTER:

Tuesday - Friday 6:00 am – 9:00 pm

Saturday - 7:00 am – 7:00 pm

Sunday- 11:00 am – 7:00 pm

Monday - CLOSED

#### DAYS & HOURS FOR THE AQUATIC CENTER:

Tuesday - Friday 6:00 am – 8:00 pm

Saturday - 7:00 am – 6:00 pm

Sunday- 11:00 am – 6:00 pm

Monday - CLOSED

#### DAYS & HOURS FOR THE 60+ ACTIVITY CENTER:

Monday - Friday 8:00 am – 5:00 pm

Saturday & Sunday - CLOSED

#### HOLIDAY CLOSURES:

2 September – Labor Day

28 November – Thanksgiving

25 December – Christmas

## MEMBERSHIP PASSES (Effective July 1st 2023)

### RECREATION & AQUATIC CENTER PASSES:

Recreation Center passes allow residents and non-residents use of the walking/jogging track, cardio and strength training areas, gymnasium drop-in activities and most daily programs at the Aquatic Center.

### NEWPORT RECREATION & AQUATIC CENTER

		STANDARD	RESIDENT DISCOUNT
Infant: 0-2 yrs. (pool only)	DAILY FEES	\$ 3.75	\$ 3.25
	10-Pass	\$ 35.00	\$ 29.00
Infant – 4 yrs. Indoor Park	DAILY FEES	\$ 3.75	\$ 3.25
	10-Pass	\$ 35.00	\$ 29.00
Youth: 3-17 yrs.	DAILY FEES	\$ 6.25	\$ 5.25
	Fridays	\$ 3.00	\$ 3.00
	10-Pass Card	\$ 45.00	\$ 39.00
	3-Month Pass	\$ 92.00	\$ 76.50
	Annual Pass	\$ 282.50	\$ 235.50
Adult: 18-59 yrs.	DAILY FEES	\$ 8.25	\$ 7.00
	10-Pass Card	\$ 66.00	\$ 55.00
	3-Month Pass	\$ 225.00	\$ 188.00
	Annual Pass	\$ 614.25	\$ 512.00
Senior: 60+ yrs.	Daily Fees	\$ 7.75	\$ 6.25
	Tues/Thurs	\$ 3.00	\$ 3.00
	10-PASS CARD	\$ 54.00	\$ 45.00
	3-MONTH PASS	\$ 150.50	\$ 125.50
	ANNUAL PASS	\$ 451.00	\$ 376.00

### ANNUAL PASS DISCOUNT 3 MONTH DISCOUNT

Any 2= 10%	Any 2= 5%
Any 3= 15%	Any 3= 10%
Any 4= 30%	Any 4= 15%
<b>Any additional youth above 2 children = \$ 75 each (must all be in the same family)</b>	Any 5= 20%

**NON-RESIDENT DISCOUNT CARD (12-MONTH PERIOD, NON-RETRO-ACTIVE)**  
 \$53.25 per family of 3 or less  
 \$106.50 per family of 4 or more  
 (With this discount card, pay resident prices on all membership passes, activities, reservations, and more.)

### DEBIT PLAN

When you sign up for an annual pass, you can pay monthly using our debit plan. For more information, please contact the Recreation Center at 541-265-7783.

### GROUP RATES:

Discounted rates for businesses, organizations, or groups of 10 or more are available on annual passes. Contact the Recreation Center at 541-265-7783.

Pass extensions are allowed for annual passes only due to medical reasons. Vacations will not be considered for pass extensions, and passes cannot be "put on hold" or temporarily suspended. A request must be accompanied by a doctor's verification, and only one pass extension per year will be granted. A minimum four-week extension is required for all pass extensions.

### 60+ CENTER

	Standard	Resident Discount
Annual All-Inclusive Pass	\$45.00	\$39.00
Annual Social Pass	\$15.00	\$10.50
3-Month Pass	\$25.00	\$19.00
1-Month Pass	\$ 9.00	\$ 7.50
Single-Day Pass	\$ 3.50	\$ 2.75

### RENTAL FEES (Effective July 1st, 2024)

\*Discounted rates apply for public, civic, and non-profit organizations

### 60+ ACTIVITY CENTER

The 60+ Activity Center has a variety of facility rentals to meet your needs. Call to reserve.

### Room Rental Fees

	Prices Up To*
Health and Wellness Studio	\$24.00/hour
Education Center	\$24.00/hour
Lounge	\$24.00/hour
Multi-purpose /Prep kitchen	\$39.00/hour

### NEWPORT RECREATION CENTER RENTAL

	Standard	Resident Discount
Full Classroom/Meeting room		
Aerobics/Dance Room	\$28.00/hour	\$24.00/hour
1/2 Multi-Purpose room	\$35.00/hour	\$29.00/hour
Full Multi-Purpose room	\$45.00/hour	\$38.00/hour
*Kitchen, additional	\$90.00/hour	\$75.00/hour
1/2 Main Gym	\$10.00/hour	\$8.00/hour
Small Gym	\$46.00/hour	\$39.00/hour
Full Gym	\$90.00/hour	\$76.00/hour

### AQUATIC CENTER

Per Pool Per Hour	Standard	Resident Discount
1-20 people	\$139.00	\$115.00
21-40 people	\$165.50	\$135.00
41-60 people	\$188.00	\$155.00
61-80 people	\$215.50	\$179.00
81-100 people	\$239.00	\$199.00

### LANE RENTAL PER HOUR

1 Lane	\$25.00
2 Lanes	\$50.00
3 Lanes	\$75.00
4 Lanes	\$100.00
5+ Lanes	Full pool rental

*For pool rentals, please contact the pool directly to confirm availability @ 541-265-7770*

### ARE YOU COVERED?

We accept some insurance programs!

Recreation Center and Aquatic Center only

**GREY & GOLDEN**

Recreation Center, Aquatic Center, and 60+ Center

**SILVER SNEAKERS**

**SILVER & FIT**

**RENEW ACTIVE**

Check with your insurance provider for eligibility



# Child Care

Under new  
management!

The Youth Development Coalition of  
Lincoln County is now the Child Care  
provider at the Newport Recreation Center!



Join us at the

## Discovery Program



Discovery Program instructors are knowledgeable and will create a fun learning environment for all participants. Components include...

- Personal development and growth: leadership/teamwork
- Physical exercise and games
- Arts and crafts
- Experiential learning focused on local history, artifacts, geology and animals

Ages: 5-11 years

Afterschool-5:30 pm, Mon - Fri

Contact your school about bussing to the Rec Center

Pre-registration is required. Please contact 541 961 6123 or visit our website at <https://newportoregon.gov/dept/par/rec/youthprograms.asp> to register.

USDA and this institution are equal opportunity providers and employers.

