



Name of Teen: _____

To Parent or Guardian,

The Newport Parks and Recreation is updating its department Code of Conduct the Recreation Center 2nd floor Fitness Center Code of Conduct, , and implementing a new Teen Fitness Code of Conduct for 12 – 17 year olds.

Over the last year, the department has seen an increase in facility users, particularly ages 12-17 years old. Although it has been beneficial and positive for our community and younger members to use the Recreation Center, staff has encountered some challenges along the way. Currently, the minimum age to be in the 2nd floor Fitness Center without adult supervision is 15 years old.

There have been several instances of youth not telling the truth about their age to Recreation Center staff, so they could use the Fitness Center. There have also been many occasions that were caught on surveillance cameras that showed youth misusing the equipment, showing off while lifting too much weight, and making poor choices among peers. This behavior is unacceptable and could possibly cause injury. We want our youth to be safe and get the most out of their workout.

The Recreation Center's Teen Fitness Training Program is available for youth ages 12 – 14. This program teaches the teen the correct way to lift weights and outlines the behavior expectations in the Fitness Center. After completion of the program, teens can then use the Fitness Center without parent supervision.

Newport Parks and Recreation strives to provide a non-judgmental, clean, safe, and supportive environment for all patrons. The department recently incorporated a requirement for 12 – 17 year olds to wear a wristband when working out in the Fitness Center. The department is now taking the next step to communicate with households on the department's expectations related to use of our facilities and programs. These codes of conduct are one way of making our facilities and fitness center a safer and more enjoyable workout space.

Please read these codes of conduct together, by guardian and youth, so that your household understands and acknowledges the appropriate codes of conduct being put into place. This new system will go into effect July 1, 2024.

Please print and sign the legal guardian's name on the acknowledgement line at the bottom of this document. Please return the signed document back to the Newport Recreation Center.

Please keep all of the Codes of Conduct documents for your own records.

I have read the new Teen Fitness Code of Conduct for the Newport Recreation Center with my youth and we support the document.

Parent Name: (Print) _____

Parent Signature: _____

Phone Number: _____

Date: _____