






Newport 60+ Activity Center



2019

| Sun. | Mon. | Tue. | Wed. | Thur. | Fri. | Sat. |
|---------------|--|---|--|---|--|--|
| | | | | | 1 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Movement/Improvement 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P FF Fitness 1:45 P | 2 SS Circuit ELKS 10:00 A Secrets of Grocery Business 11:30 A Zumba Gold 12:45 P Open Art Studio 1:00 P Lighthouse Stroke 1:00 P Writers/Readers Group 1:00 P Laughter Yoga 2:00 P |
| 3 | 4 Open Pool Games 8:00 A SS Yoga 9:30 A Computer Assistance 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Get Fit Group 1:00 P Int. Line Dancing 1:30 P Round Dance 5:30 P Prevent Type 2 Diabetes 5:30 P Square Dance 6:15 P | 5 Tax Aid 9:00 A-2:00 P SS Classic 9:30 A Wii Bowl 9:30 A TRIP: Chinook Winds Water Colors 10:00 A SS Boom 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Colored Pencils 1:00 P Duplicate Bridge 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P OA 5:30 P Writers Lounge 6:00 P | 6 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Basic Photography 10:00 A SS Circuit ELKS 10:00 A French Club 10:30 A Bingo 11:00 A Movable Peace 1 11:15 A Lunch Noon Better Bones & Balance 12:30 P Dominoes /Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 2:45 P Movable Peace 2 4:00 P | 7 TOPS 8:00 A Tax Aid 9:00 A-2:00 P SS Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Brain Health Presentation 2:00 P Adv. Line Dancing 2:15 P | 8 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Movement/Improvement 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P FF Fitness 1:45 P | 9 Trip: Chinese New Year Bridge 10:00 A SS Circuit ELKS 10:00 A Zumba Gold 12:45 P Open Art Studio 1:00 P Writers/Readers Group 1:00 P Laughter Yoga 2:00 P Scarf Painting 3:00 P |
| 10 | 11 Open Pool Games 8:00 A SS Yoga 9:30 A Computer Assistance 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Get Fit Group 1:00 P Int. Line Dancing 1:30 P Association Mtg. (NSCA) 2:00P Round Dance 5:30 P Prevent Type 2 Diabetes 5:30 P Square Dance 6:15 P | 12 Tax Aid 9:00 A-2:00 P SS Classic 9:30 A Wii Bowling 9:30 A Water Colors 10:00 A SS Boom 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Colored Pencils 1:00 P Mahjong 101 1:00 P Duplicate Bridge 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Back Knitting 3:00 P OA 5:30 P Writers Lounge 6:00 P | 13 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Photography 10:00 A SS Circuit ELKS 10:00 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 2:45 P | 14 Open Pool Games 8:00 A TOPS 8:00 A Tax Aid 9:00 A-2:00 P Stacey Mealer 9:00 A SS Classic 10:00 A Friends 1:00 A Mind Games 11:00 A Bunco 1:00 P Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P | 15 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Movement/Improvement 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P FF Fitness 1:45 P | 16 Trip: Asian Celebration SS Circuit 10:00 A Zumba Gold 12:45 P Open Art Studio 1:00 P Writers/Readers Group 1:00 P Laughter Yoga 2:00 P Band: Past Forward 2:00 P Jewelry Stamping 3:00 P |

see other side

| Sun. | Mon. | Tue. | Wed. | Thur. | Fri. | Sat. |
|---|--|--|---|---|---|--|
| 17  | 18 CLOSED  | 19 Open Pool Games 8:00 A Tax Aid 9:00 A—2:00 P SS Classic 9:30 A Wii Bowling 9:30 A Water Colors 10:00 A SS Boom 10:30 A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Colored Pencils 1:00 P Mahjong 101 1:00 P Mad Hatter Tea Party 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P OA 5:30 P Writers Lounge 6:00 P | 20 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Photography 10:00 P SS Circuit ELKS 10:00 A French Club 10:30 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Memoirs Writing 1:30 P Fun Functional Fitness 2:45 P Walk with Ease 3:00 P | 21 Open Pool Games 8:00 A TOPS 8:00 A Tax Aid 9:00 A—2:00 P SS Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Advanced Directive 2:00 P Adv. Line Dancing 2:15 P | 22 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Blood Pressure Ck 10:00 A Movement/Improvement 10:45 A Bingo 11:00 A Lunch Noon Better Bones & Balance 12:30P Dominoes 1:00 P Pinochle 1:00 P Duplicate Bridge 1:15 P FF Fitness 1:45P Walk with Ease 3:00 P | 23 Card Making for Charity 10:00 A SS Circuit ELKS 10:00 A Zumba Gold 12:45 P Open Art Studio 1:00 P Writers/Readers Group 1:00P Laughter Yoga 2:00 P Pour Art 3:00 P  |
| 24  | 25 Open Pool Games 8:00 A SS Yoga 9:30 A Computer Assistance 10:00 A Zumba Gold 10:45 A Bingo 11:00 A Lunch Noon Tai Chi 12:00 P Mahjong 12:45 P Get Fit Group 1:00 P Int. Line Dancing 1:30 P Advisory 2:30 P Jewelry Stamping 3:00 P Prevent Type 2 Diabetes 5:30 P Round Dance 5:30 P Square Dance 6:15 P | 26 Open Pool Games 8:00 A Tax Aid 9:00 A—2:00 P SS Classic 9:30 A Wii Bowling 9:30 A Water Colors 10:00 A SS Boom 10:30A Hatha Yoga 11:45 A Adaptive Tai Chi 1:00 P Colored Pencils 1:00 P Mahjong 1:00 P Duplicate Bridge 1:00 P Scrabble 1:30 P Line Dance 2:15 ***See Below Knitting 3:00 P OA 5:30 P Writers Lounge 5:00 P | 27 Open Pool Games 8:00 A Arthritis Exercise 9:30 A Photography 10:00 P SS Circuit ELKS 10:00 A French Club 10:30 A Bingo 11:00 A Movable Peace 1 11:15 A Lunch Noon Better Bones & Balance 12:30 P Dominoes 1:00 P Pinochle 1:00 P CIZE Dance Party 1:30 P Fun Functional Fitness 2:45 P Movable Peace 2 4:00 P | 28 Open Pool Games 8:00 A TOPS 8:00 A Tax Aid 9:00 A—2:00 P SS Classic 10:00 A Mind Games 11:00 A Mahjong 1:00 P Meditation 101 1:00 P Adv. Line Dancing 2:15 P | |  |
| NEW CLASSES 02/09 Saturday, 3:00p-4:00p, Scarf Painting 02/16 Saturday, 3:00p-4:00p, Jewelry Stamping 02/19 Tuesday, 10:00a-11:30a, Water Color 02/19 Tuesday, 1:00p-2:30p, Colored Pencil 02/23 Saturday, 3:00p-5:00p, Pour Art 02/25 Saturday, 3:00p-4:00p, Jewelry Stamping | | TRIPS 02/05 Tuesday, 10:00a-6:00p, Chinook Winds Casino 02/09 Saturday, 7:00a-6:00p, Chinese New Year 02/16 Saturday, 8:00a-5:00p, Asian Celebration | | Visit our website at www.newportoregon.gov.sc Newport 60+ Activity Center 20 SE 2nd St., Newport, OR. 541-265-9617 Meal Site 541-574-0669 | | |
| *** TUESDAY LINE DANCE CLASSES Very Beginning 2:15 PM Beginning 2:30 PM Advanced Beginning 3:00 PM | | EVENTS 02/02 Saturday, 11:30a-12:30p, Presentation: Secrets of Grocery & Produce 02/04, Monday, 1:00p-2:00p, Get Fit Support Group 02/07 Thursday, 2:00p-3:00p, Presentation: Brain Function & Health 02/16 Saturday, 2:00p-4:00p, Past Forward Band 02/19 Tuesday, 1:00p-3:00p, Mad Hatter Tea Party 02/21, Thursday, 2:00p-3:00p, Advanced Directive | | CENTER HOURS Monday 8:30a-8:30p Tuesday 8:30a-9:00p Wednesday 8:30a-5:00p Thursday 8:30a-5:00p Friday 8:30a-5:00p Saturday 8:30a-5:00p | | |